

Why International Exchange?

& Why ASSIST?

Choose How to Lead Your Life

You have choices. How will you lead your life? What goals matter? Who do you want to be?

You face decisions. How will you identify the experiences and develop the skills you need to reach the goals you set?

You live in an era when the world is changing rapidly. How will you grow and develop yourself to thrive and adapt to new challenges?

Making informed decisions about your education and life experiences sets a foundation for you to flourish in an age of globalization – and will help lead you to happiness and success in life.

Why Choose ASSIST?

If you invest a year of your life, you want a partner with a successful track record and demonstrated results. ASSIST is the acknowledged leader in the independent secondary school exchange community.

- More than 3,700 alumni representing 42 countries over 40 years of service.
- All students study at outstanding independent (private) high schools in the U.S.
- Careful placement at a school that fits your intellect, personality and special talents.
- If selected, you will earn a scholarship valued up to US \$46,600.
- A nonprofit organization whose staff and volunteers are focused on your success.
- Ongoing support throughout the placement year.
- A growing international network of alumni who will ASSIST one another in the years ahead.

Why Choose an Exchange Experience in the U.S.?

Living successfully and happily in the 21st century means becoming a skilled global citizen. An exchange experience in the U.S. enables you to:

- Develop independence and learn to manage challenges on your own – with the right kind of support.
- Live successfully in another culture. Expose yourself to new ways of thinking – and increase your respect for your own country and culture.
- Attain fluency in English, the world's international language.
- Meet other future leaders, making lifelong friends and contacts to be of ASSISTance in your continued education, your career, and all future endeavors.



Today's Scholars. Tomorrow's Leaders.

World Class Education

American Secondary Schools
for International Students
and Teachers